

EAT. DRINK. SOCIALIZE.

MAIN STREET CAFE

Monday - Friday
Breakfast: 7:30 am - 9:00 am
Lunch: 11:00 am - 1:00 pm
WEEK OF APRIL 7



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

FIT BLUEBERRY OATMEAL PANCAKES (V) 5.50
house made oatmeal pancakes, blueberries, honey

MON

BIG CITY BBQ: CAROLINA CHOPPED SMOKED PORK 8.40
slow smoked pulled pork in carolina vinegar sauce served on brioche bun, topped with cole slaw, and served with creamy bacon corn and peppers and cucumber tomato salad
SOUP: mexican street corn and beef chili 3.75

TUES

LITTLE LIME: TACOS AMERICANOS 8.40
crispy tortilla shells with choice of plant-based chorizo, ground turkey or ground beef with cheese blend, shredded lettuce, diced tomato, jalapenos, sour cream served with jalapeno refried beans and red rice add churros for \$2.95
GRAZE: chicken andouille gumbo, vegetable gumbo with beyond sausage, dirty rice .51/oz
SOUP: thai chicken & rice and beef chili 3.75

WED

KITCHEN & CO: WHISKEY AND COKE MEATLOAF OR HONEY GLAZED SALMON 10.00
choice of meatloaf or honey glazed salmon served with garlic broccoli and cauliflower, buttered corn and scalloped potatoes
GRAZE: chicken andouille gumbo, vegetable gumbo with beyond sausage, dirty rice .51/oz
SOUP: beef vegetable and beef chili 3.75

THURS

PICCOLA ITALIA: CHICKEN MARSALA 8.40
hand breaded chicken breast sauteed with marsala wine, cream, roasted garlic, shallots, thyme and crimini mushrooms with penne pasta, caesar salad and garlic bread
GRAZE: chicken andouille gumbo, vegetable gumbo with beyond sausage, dirty rice .51/oz
SOUP: chicken quinoa vegetable and beef chili 3.75

FRI

FISH AND CHIP SHOP: SEAFOOD PLATTER 12.00
guinness beer battered cod, popcorn fried shrimp, seasoned fries, coleslaw, classic tartar sauce and a lemon wedge
SOUP: lentil and beef chili 3.75

GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

ULTIMATE TUNA MELT (V) 8.40
tuna salad, cheddar cheese, garlic aioli, sourdough

BLACK BEAN QUESADILLA (V) 8.40
tortilla stuffed with fresh baby spinach, tomatoes, black beans, and pepperjack cheese

SWAP YOUR SIDE

FIT BLT pasta salad

\$6 'ALL IN' MEAL DEAL

choice of a cheeseburger, signature garden burger, or signature grilled chicken sandwich includes whole fruit, vegetable crudité, or bagged chips and 20oz soda or water

SOMETHING
DELICIOUS
AWAITS YOU

DELI FEATURES

AVAILABLE ALL WEEK

includes choice of side

ASPARAGUS FONTINA MELT (V) 8.00
asparagus, red peppers, fontina, kalamata olive butter, focaccia

SWAP YOUR SIDE

FIT BLT pasta salad

\$6 'ALL IN' MEAL DEAL

choice of garden hummus wrap, honey dijon ham sandwich, or turkey pesto mayo wrap includes whole fruit, vegetable crudité, or bagged chips and 20oz soda or water

CONNECT
WITH US



eatatpg.com

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denotes registered dietitian pick